



# EQUESTRIA® THERAPEUTIC RIDING & HORSE EDUCATION PROGRAM

Thank you for your interest in considering participation in the EQUESTRIA® Therapeutic Riding & Horse Education Program for adults with special needs.

Attached you will find 3 forms.

## **Please fill out the forms titled:**

1/ Questionnaire for an adult who would like to be a student in the EQUESTRIA Therapeutic Riding & Horse Education Program.

2/ New York Therapeutic Riding Center Registration and Release Form.

## **Please have your Physician fill out the form titled:**

### **Rider's Medical History and Physician's Statement**

If you need assistance in filling out these forms, call or email the Equestria Administrative Offices at the below provided phone number or email address.

### **In addition to these forms, please provide :**

A letter stating why you believe the EQUESTRIA® Therapeutic Riding & Horse Education Program would be beneficial to you.



## **VERY IMPORTANT :**

Please mail by USPS completed forms along with your letter to:  
New York Therapeutic Riding Center  
336 East 71 Street / 3D, New York, NY 10021

To call us or send by Fax : (212) 535-3917

To send by email : [applications@eqstudents.com](mailto:applications@eqstudents.com)



*Please keep a copy of your completed forms, your letter and all support materials for your records*

STUDENT APPLICATION FORMS



**Questionnaire for an adult who would like to be a student in the Equestria®  
Therapeutic Riding & Horse Education Program**

**(PLEASE PRINT)**

1/ Name : \_\_\_\_\_

2/ Address (*Street / City / State / ZIP*) : \_\_\_\_\_  
\_\_\_\_\_

3/ Tel. Numbers : Home : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Cell : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

4/ Age : \_\_\_\_\_ Date Of Birth : \_\_\_\_/\_\_\_\_/\_\_\_\_

5/ Sex : Male  | Female

6/ Weight : \_\_\_\_\_ lbs \_\_\_\_\_ oz Height : \_\_\_\_\_ ft \_\_\_\_\_ in

7/ A: Primary Disability : \_\_\_\_\_

B: Secondary Disability : \_\_\_\_\_

8/ A: Can you walk independently? : Yes  No

B: If no, what mobility aids do you use?: \_\_\_\_\_  
\_\_\_\_\_

9/ Type of sports, recreational activities that you have participated in: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10/ Do you get : Physical Therapy?: Yes  No

Occupational Therapy?: Yes  No

11/ Your Physician :

A/ Name : \_\_\_\_\_

B/ Telephone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

C/ Specialty : \_\_\_\_\_



Questionnaire for an adult who would like to be a student in the Equestria®  
Therapeutic Riding & Horse Education Program

(PLEASE PRINT)

12/A: Do you have health insurance coverage?: Yes  No

B: If "Yes", what is the name of the insurance company?: \_\_\_\_\_

\_\_\_\_\_

13/ Do you receive Medicaid or SSI? Yes  No

If "Yes":

A: Name of your Medicaid Service Coordinator (MSC): \_\_\_\_\_

\_\_\_\_\_

B: Medicaid Service Coordinator's agency and phone number : \_\_\_\_\_

\_\_\_\_\_

14/ In what ways do you think you would benefit from participating in the Equestria  
Therapeutic Riding & Horse Education Program?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

15/ A/ Occupation : \_\_\_\_\_

B/ Income level : A/ \$40,000 - \$69,000  B/ \$70,000 - \$99,000  C/ Over \$100,000

16/ What type of transportation would you be using for your travel to the Equestria Classes?

Subway  Bus  Access-A-Ride  Private Car

17/ What days of the week would you be available to participate in the Equestria Therapeutic Riding  
& Horse Education Program?

Monday  Tuesday  Wednesday  Thursday  Friday

Sunday

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please Note : Payment Requirements**

Services for the Equestria Therapeutic Riding & Horse Education Program must be prepaid prior to the scheduling of students for this program. Payment for this service is by Credit Card or Debit Card. Gift Cards or any other form of payment is not acceptable, **no exceptions** | Please call the Equestria Business Agent, David Sansoucie for making a payment at : (917) 913-3614



*Therapeutic Horseback Riding For People With Disabilities*

## Registration & Release Form

### Registration

Name : \_\_\_\_\_ Date of Birth : \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_

Address (Street/City/State/Zip) : \_\_\_\_\_

Tel. Numbers : Home Phone : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell : (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email : \_\_\_\_\_

In case of emergency contact : \_\_\_\_\_ Phone : \_\_\_\_\_

Alternate contact : \_\_\_\_\_ Phone : \_\_\_\_\_

**Liability Release :** \_\_\_\_\_ would like to participate in the Equestria Therapeutic Riding & Horse Education Program for adults with special needs. I acknowledge the risks and potential of risks for horseback riding. However, I feel that the possible benefits to me are greater than the risks assumed. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against the New York Therapeutic Riding Center, its Board of Directors, Instructors, Therapists, Aides, Volunteers and/or Employees for any and all injuries and/or losses I may sustain while participating in the Equestria Therapeutic Riding & Horse Education Program.

Date : \_\_\_\_\_ Signature : \_\_\_\_\_

**Audio/Visual/Video Release :** I hereby consent to and authorize the use and reproduction by the New York Therapeutic Riding Center of any and all photographs and other audio/visual materials/ taken of me, which would include : myself, wife/ husband, support staff, relative, for promotional printed material (or Publication), web site, educational activities or for any other use for the benefit of the New York Therapeutic Riding Center and the Equestria Program.

Date : \_\_\_\_\_ Signature : \_\_\_\_\_



**Equestria® Therapeutic Riding & Horse Education Program**



# Rider's Medical History and Physician's Statement

*To be completed annually*

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Name of Guardian: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

**\*\* For Persons with Down Syndrome**

Negative Cervical Xray for Atlantoaxial Instability Xray date: \_\_\_\_\_

Negative for clinical symptoms of Atlantoaxial Instability

Tetanus Shot: Yes  No  Date: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: \_\_\_\_\_ Date of last seizure: \_\_\_\_\_

Medications: \_\_\_\_\_

Please indicate if patient has a problem and/or surgeries in any of the following areas by checking "Yes" or "No".  
If "Yes" please comment.

Areas	Yes	No	Comments
Auditory			
Visual			
Speech			
Cardiac			
Circulatory			
Pulmonary			
Neurological			
Muscular			
Orthopedic			
Allergies			
Learning Disability			
Mental Impairment			
Psychological Impairment			
Other			

Mobility : Independent Ambulation Yes No Crutches Yes No Braces Yes No

Wheelchair Yes No Please indicate any special precautions: \_\_\_\_\_

To my knowledge there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the New York Therapeutic Riding Center will weigh the medical information above against the existing precautions and contraindications. I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g. PT, OT, Speech Therapist, Psychologist, etc.) in the implementing of an effective equestrian program.

Physician Name (please print): \_\_\_\_\_

Physician Signature: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Date: \_\_\_\_\_

Fax: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_



# Rider's Medical History and Physician's Statement

*To be completed annually*

## Information for Physician

The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Therefore when completing this form, please note whether these conditions are present, and to what degree.

### Orthopedic

- Spinal Fusion
- Spinal Instabilities/Abnormalities
- Atlantoaxial Instabilities
- Scoliosis
- Kyphosis
- Lordosis
- Hip Subluxation and Dislocation
- Osteoporosis
- Pathologic Fractures
- Coxas Arthrosis
- Heterotopic Ossification
- Osteogenesis Imperfecta
- Cranial Deficits
- Spinal Orthoses
- Internal Spinal Stabilization Devices

### Medical/Surgical

- Allergies
- Cancer
- Poor Endurance
- Recent Surgery
- Diabetes
- Peripheral Vascular Disease
- Varicose Veins
- Hemophilia
- Hypertension
- Serious Heart Condition
- Stroke (Cerebrovascular Accident)

### Secondary Concerns

- Behavior problems
- Acute exacerbation of chronic disorder
- Indwelling catheter

### Neurological

- Hydrocephalus/shunt
- Spina Bifida
- Tethered Cord
- Chiari II Malformation
- Hydromyelia
- Paralysis due to Spinal Cord Injury
- Seizure Disorders
- Alzheimer's Disease
- Cerebral Palsy
- Multiple Sclerosis
- Muscular Dystrophy
- Parkinson's Disease
- Post Traumatic Stress Disorder (PTSD)
- Traumatic Brain Injury (TBI)

**Please provide relevant information for any of the conditions checked above:**

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**Equestria® Therapeutic Riding & Horse Education Program**